

Active Retirees



Fun, Friendship and Fellowship in Retirement

**Reinvent your retirement
with Probus.**
Feature Story - P18



This special edition of Active Retirees is sponsored by Trade Travel, who have assisted many Probus Clubs with their travel arrangements over the years.

Travelling is a rewarding experience that offers many benefits, especially to Probus club members who are often looking to enrich their lives with new experiences.

Engaging in travel can significantly enhance our physical, mental and social well-being, making it an ideal activity for us active retirees.

Firstly, travel promotes physical health. Exploring new places often involves walking, hiking or even cycling, which can help increase overall fitness levels. Staying active while travelling can also enhance flexibility and balance, which are crucial for maintaining independence as we age.

Mentally, travel stimulates our brain by exposing us to new environments, cultures and languages. Learning about different cultures and histories can also provide a sense of accomplishment and fulfillment, keeping our mind sharp and engaged.

Socially, travel offers the opportunity to meet new people and forge meaningful connections. Whether it's bonding with fellow travellers or interacting with locals, this can lead to lifelong friendships and broaden our perspective on life. For Probus club members, travelling in groups can also strengthen existing friendships and create a sense of community and belonging.

Moreover, travel can be a source of inspiration and personal growth. Experiencing different cultures and

lifestyles can lead to a greater appreciation for diversity and a deeper understanding of the world. It encourages adaptability and open-mindedness, qualities that are invaluable in today's interconnected world.

In today's digital age, taking a break from screens is essential for our mental well-being. Travelling with friends provides the perfect opportunity to unplug and focus on the present moment. Trips away reinforce this by immersing us in a new environment where the main focus is enjoying a new environment and the company of friends.

In conclusion, travel offers a wealth of benefits for Probus club members, enhancing physical and mental health, and social connections. By embracing the joys of travel, members will experience unforgettable and newfound perspectives, making their retirement years truly fulfilling and adventurous.

Whether you are travelling locally or overseas, happy travelling.



Michael Ransom

Michael Ransom
Chairman 2024-2025 | Probus South Pacific Ltd

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Here, icebergs drift like sculptures on a frozen sea. Penguins shuffle in bustling colonies. And time seems to slow as you stare out across a vast, glistening wilderness. For many, this is the ultimate bucket list journey.

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We're absolutely delighted to pull back the curtain on My Travel Tribe, our brand-new loyalty programme tailored just for adventurers like you.

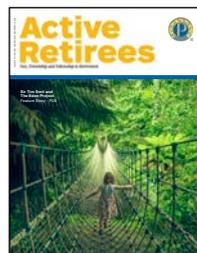
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Active Retirees

Fun, Friendship and Fellowship in Retirement

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Chairman Michael Ransom

Vice Chairman Judith Maestracci AM

Treasurer Mike Gilmour

Directors Brian Holt, Jennifer Law, Margaret Drake, Merv Richens OAM, Nicholas Erby, Peter Turner

PSPL Administration

PO Box 1294, Parramatta NSW 2124

phone +61 2 9689 0200 1300 630 488 (Australia)
0800 14776 287 (New Zealand)

email admin@probussouthpacific.org

website www.probussouthpacific.org

Active Retirees Production & Management

Probus South Pacific Limited

Editorial

Monika Prasad

email monikap@probussouthpacific.org

Advertising

Daniel Bott

email advertising@probussouthpacific.org

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MAGAZINE GRAPHIC DESIGN

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Welcome to this special edition of Active Retirees magazine highlighting our esteemed Gold Probus Partner, Trade Travel.

Trade Travel have maintained a long association with Probus Clubs since 2005, with a strong focus dedicated to helping Probus Club members experience fun and friendship across a variety of destinations, both within the country and abroad.

Trade Travel, in collaboration with all our Probus Partners, offers exclusive deals for Probus Club members. While traveling with fellow Probians is certainly more enjoyable, members can also benefit from these offers when they travel solo. To view the range of offers available from all Probus Partners, please visit [our website here](#).

Members of Probus share common interests, particularly their enthusiasm for Probus itself and of course their passion for travel. However, it's important to recognise that not every destination will appeal to everyone. Therefore, we encourage all Outings, Trips, and Tours Officers to assess their members' preferences when organising their annual travel planner.

The position of Outings, Trips, and Tours Officer can be incredibly fulfilling, yet it also requires significant effort, especially when deciding on travel destinations due to the vast options available. Consider sharing this magazine with fellow members to see if any of the highlighted locations capture their interest. Why not put out a survey listing several destinations for members to flag their preference – you

may be pleasantly surprised by the selections. Alternatively, you might invite a Trade Travel representative to your Club as a guest speaker.

I want to take a moment to express my appreciation to all the Management Committee members who have dedicated their efforts to lead their Clubs. I also want to extend a warm welcome to the new Management Committee members joining their Club's leadership team for the first time. Please don't hesitate to reach out to us if you need any assistance.

Just a reminder that we enjoy hearing about your adventures while traveling with fellow Probians. Please send your submissions for our publications to editorial@probussouthpacific.org, including a brief story about why traveling with Probus is such an enjoyable experience.

Happy travelling!



A handwritten signature in black ink that reads "Silvana".

Silvana Martignago
CEO | Probus South Pacific Ltd

Thank You from Trade Travel

Dear Probus Members,
Since 2005, Trade Travel has proudly stood by Probus South Pacific as a trusted travel partner and National Sponsor. Today, as your Gold Probus Partner, we remain as committed as ever to supporting Probus Clubs across Australia and New Zealand.

Last year alone, we've had the joy and privilege of operating over 100 unforgettable tours with Probus groups and we couldn't have done it without you.

Your continued trust and enthusiasm mean

the world to us. Every journey we create is built with care, comfort, and a true passion for connecting people through meaningful travel experiences. Our team takes great pride in crafting tours that go beyond sightseeing—they're about shared laughs, new friendships, and lifelong memories.

From all of us at Trade Travel, thank you for being part of our story. We look forward to many more adventures together.

Warm regards,

David Sumich

Managing Director, Trade Travel & the entire Trade Travel team



TRADE TRAVEL
Effortless Journeys, Endless Memories



Top: Shirley, Sue, David, Chris, Maite, Brooke, Charmaine. | Middle: Gerard, Sue, Ashleigh, Debra, Serina, Greg. | Bottom: Donna, Andrew, Emma, Glen, Kathy, Eve

The outings, activities and tours officer's role

The role of the Outings, Activities and Tours Officer is exciting and rewarding. It requires planning, organisational skills, patience and imagination. It is recommended that more than one Officer be appointed to fulfil this role.

The Management Committee should approve a Probus activity once they are satisfied that it meets all management guidelines. These activities include any event organised by a Club or Association such as meetings, outings, tours, trips and interest groups.

When assessing whether or not to approve an activity, the Management Committee should consider all of the information related to that activity in order to approve it. This would normally include interest from members, location, availability, cost and risk assessment.

For insurance purposes, the approval of an activity should be reflected in the Club's minutes as being approved. Not all of the information the Management Committee considers needs to be reflected in the Club minutes. However, the minutes should contain sufficient information to understand what is being approved.



The Officer(s) should:

1. Investigate and propose suitable outings and activities to the Management Committee for consideration. In costing each outing or activity, ensure that all expenditure is covered and any cancellation fees are taken into account. Any discounts or "free of charge" offers should be applied so as to benefit all participating members.
2. Maintain liaison with other Clubs with a view to arranging occasional joint outings.
3. Ensure that a risk assessment for each activity is conducted when determining suitability.
4. Ascertain feasibility - costs and booking arrangements.
5. Ask members for suggestions of proposed outings, tours and other activities.
6. Ensure that attendance lists are maintained for all approved activities.
7. Ensure that all members are provided with clear instructions in relation to the activity or
8. outing that minimise risk including contingency plans.
8. Collect money by a nominated date before each activity, keep complete records and issue receipts for all funds received.
9. Give all money collected to the Treasurer for banking with a detailed listing of all funds received.
10. Carefully record all expenses, such as postage and telephone calls, and submit these to the Treasurer with receipts for reimbursement.
11. Consider offers from Probus Partners and MBS Partners given that they normally attract a discount for Probus members. From time to time, the Officer may be invited to participate in familiarisation programs known as "Famils" programs. This enables the Officer to experience a destination firsthand in readiness for a Club trip. Clubs should set a protocol for free of charge (FOC) benefits offered to Officers.

Exploring potential Trips, Tours, and Outings

The Outings, Activities, and Tours Officer oversees the planning of events, but they shouldn't have to manage everything alone. We recommend forming a team of members to help with research and planning.

The goal of any club is to encourage maximum participation from its members. Since not everyone will take part in every trip, tour, or activity, it's essential to offer a variety of options that cater to different activity levels and lifestyles.

Here are some tips to encourage member feedback:

- **Survey:** A survey is a great way to understand what your Club members are interested in. We suggest using both open and closed ended questions in your survey that will identify members' interests. If members are not participating in any trips, tours or activities, ask them why?
- **Health Check:** The Club Health Check (provided by PSPL) can assist in identifying opportunities and interests. This can be a useful tool when planning outings for your Club.
- **Brainstorm Meeting:** At least twice a year during your Club meetings, encourage each member to jot down 2-3 activities they are interested in pursuing. If you notice that multiple members have expressed similar interests, think about organising those outings or activities.



Reach out to Neighbouring Clubs

Maintaining communication with other Clubs is essential. If you're organising an event or gathering, consider collaborating with nearby Clubs to plan joint outings. This approach will help you meet the minimum participant requirements (if needed) and will strengthen your connections with other Clubs in your local community.

How to plan a joint event:

- Find contact information for local Clubs in the online Directory of Probus Clubs in the Club Administration section of the PSPL website. If your Club is not already networking with local Clubs, ask your Membership

Representative to help you make contact.

- Schedule meetings for you to discuss any proposed trips, tours or outings to gauge interest. This can be done face-to-face or even virtually via Zoom or hybrid meetings.
- Brainstorm some ideas together on what events may be of interest to members of both Clubs.
- It is recommended each participating Club nominate a person responsible for agreeing on responsibilities and tasks among each Club.
- Ask the trip, tour or activity provider if other Probus Clubs are already booked on a proposed trip or tour and seek to combine your numbers to achieve minimum participation.

Promote your trip, tour or activity with the wider community

Promoting Club activities by highlighting the range of trips, tours and events it participates in is a great way to generate interest in your Club.

If your Club is looking to raise awareness among the general public, consider posting activities on offer from your Club on Facebook Community pages. Sending submissions to your local newspaper to promote the Club can provide great exposure to your Club. Local newspapers are usually happy to include information free of charge given the importance of Probus in the community.

Clubs are also encouraged to write to PSPL to be featured either in our publications, website or Facebook. Send your submissions via email to editorial@probussouthpacific.org to be featured.

Here are some tips for submitting Club News:

- Provide a brief description of 100 to 300 words, preferably in third person, about the event with some highlights of the day.
- For all photos you wish to submit, ensure you have consent from the participants in the photos.

Please note that due to the high volume of submissions, not all Club News will be published in the magazine, however we will endeavour to include them in either our range of publications, website or Facebook.



Familiarisation programs

Occasionally, an Officer may receive an invitation from a trip or tour provider to join familiarization programs, commonly referred to as "Famils." This allows the Officer to gain firsthand experience of a destination in preparation for a Club trip. Clubs should set a protocol for free of charge (FOC) benefits offered to Officers.



Setting a payment and refunds policy

Organising a trip, tour or activity can be a very exciting time for your Probus Club. However, there are some key aspects to consider before suggesting the trip, tour or activity to your Committee. Depending on the type of outing, the Officer will need to pre-plan, do some research and set a policy with respect to payment and refunds, and ensure that Club members are fully aware of these policies.



When planning a trip, tour or activity, the Officer should:

- Communicate/negotiate refunds and cancellation terms with the trip, tour or activity provider prior to booking. Sometimes there can be more than one provider in a trip (i.e. transport and accommodation) and, as such, it is important to ensure that all cancellation and refund conditions are understood at the time of booking.
- Ensure that members understand the cancellations and refunds policy when

- the booking is made to ensure that there is no misunderstanding. In some cases, a minimum number of participants is required and often no refunds will apply.
- Consider setting an amount required as a deposit when seeking expressions of interest in the trip, tour or activity as this will assist in determining the number of participants early. In some cases, expressing

- interest without paying a deposit increases the risk of cancellations and/or inaccurate assessment of participant numbers.
- Encourage members to give sufficient notice of cancellations to allow the Club to offer those cancelled spots to other members, if possible.
- Ensure that all participants are clear on the final payment date.

Why Choose a Guided Tour?



TRADE TRAVEL
Effortless Journeys, Endless Memories

Exploring the Benefits of Escorted Travel

For many, travel represents the ultimate freedom, a chance to explore new places, meet new people, and immerse in unforgettable experiences. Yet the logistics of planning can often stand in the way of that joy. That's where guided tours come into their own, especially for mature travellers seeking comfort, safety, and a deeper connection with their destination.

Guided tours eliminate the guesswork. From the outset, experienced tour leaders handle every detail from accommodation, transport, sightseeing, and meals—allowing travellers to simply relax and enjoy the journey. These leaders don't just follow an itinerary; they bring it to life with local insight, warmth, and a deep understanding of what makes a trip truly memorable.

Trade Travel, a long-standing specialist in escorted travel for over-60s and seniors, offers meticulously planned tours designed with mature travellers in mind. Whether it's a domestic escape or an overseas adventure, these journeys are tailored to provide exceptional value, rich experiences, and thoughtful inclusions that go beyond the standard package.



What sets guided tours apart is the balance of structure and freedom. With logistics taken care of, travellers gain more time to explore, unwind, and connect without the stress of organising on the go. Whether travelling solo or with a group, guests are supported from start to finish, backed by a team committed to safety, comfort,

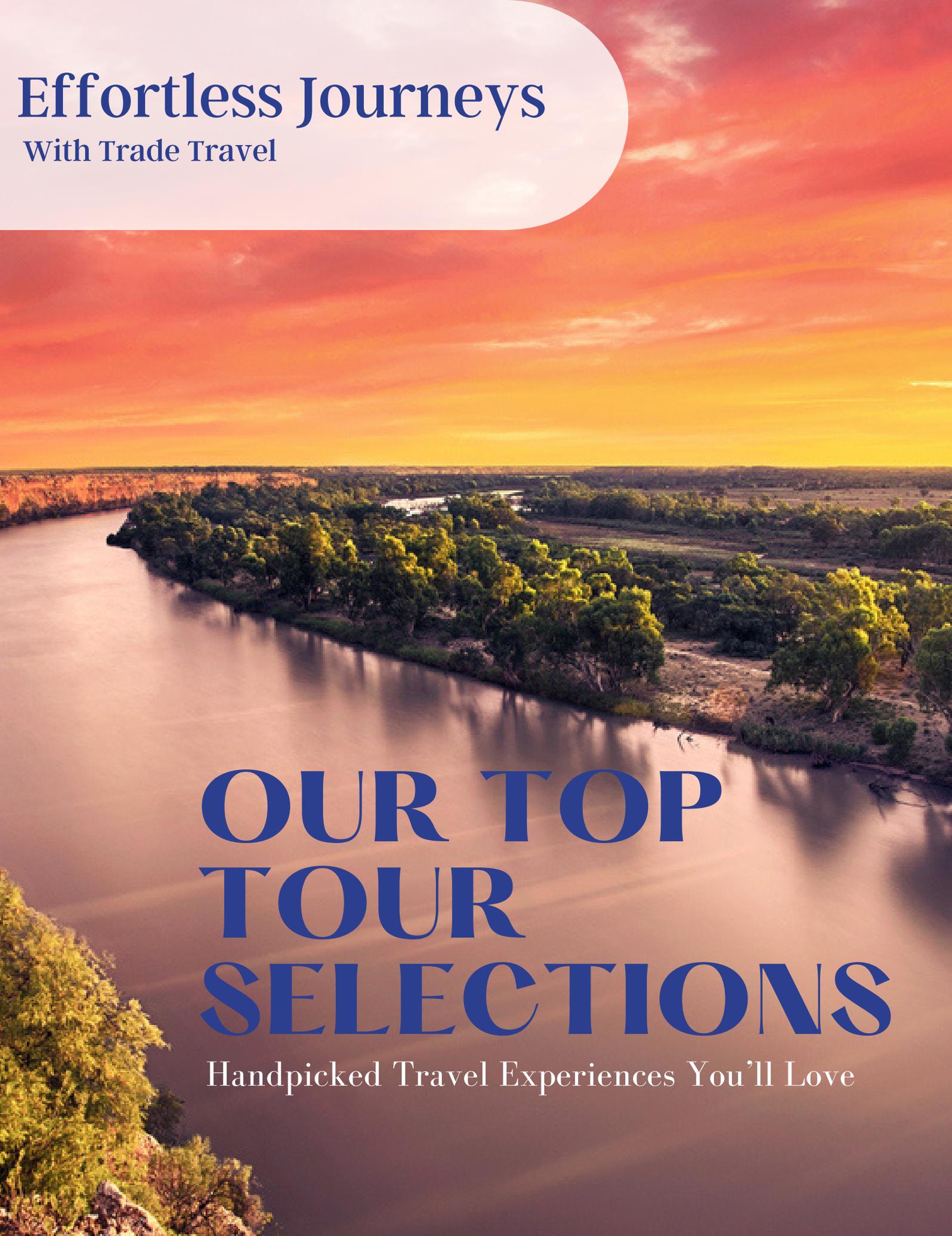
and personalised service.

In essence, guided tours allow travellers to focus on what matters most: experiencing the world with ease, confidence, and enjoyment.

For those seeking a seamless, stress-free, and enriching way to see the world, escorted travel remains a trusted and rewarding choice.

Let Trade Travel do the planning. You do the living.

Discover more at www.tradetravel.com.au



Effortless Journeys

With Trade Travel

OUR TOP TOUR SELECTIONS

Handpicked Travel Experiences You'll Love

KING & FLINDERS ISLANDS

HISTORY, INDUSTRIES & RUGGED BEAUTY

DEPARTURES

03 November 2025

7 DAYS | 6 NIGHTS
GUIDED TOUR ALL INCLUSIVE
FROM \$5,448 PER PERSON TWIN SHARE



King and Flinders Islands offer a unique escape into Tasmania's remote beauty, where rich history, warm locals, and stunning landscapes create a truly authentic and tranquil travel experience.

Untouched Natural Beauty

Both islands are famed for their rugged coastlines, pristine beaches, and unique geological formations. From the striking cliffs and calcified forest of King Island to the granite boulders, white sand beaches, and turquoise waters of Flinders Island's Trousers Point and Castle Rock, the scenery is simply breathtaking.

Rich History & Island Culture

These islands are steeped in fascinating stories—from maritime disasters and kelp harvesting to ancient Aboriginal heritage and early European settlement. You'll explore places like King Island Historical Society Museum and the Wybalenna Settlement on Flinders Island, offering poignant insights into the past.

Unique Experiences

Delight your taste buds with award-winning cheeses at the iconic King Island Dairy, and take in the natural beauty of Martha Lavinia Beach, one of Australia's top surf breaks. In the evening, witness the charming sight of fairy penguins waddling ashore at Grassy. Over on Flinders Island, try your hand at fossicking for sparkling Killiecrankie "diamonds," and enjoy a taste of local culture and craftsmanship with a visit to the boutique Unavale Vineyard, where you can sip regional wine while soaking in ocean views.

Each moment is thoughtfully curated to immerse you in the islands' distinctive charm and character.

Wildlife Encounters

Spot rare birds like the Cape Barren Goose, explore Shag Lagoon Bird Hide, and meet local legends like Kate the Wombat Lady, who has hand-raised over 150 orphaned wombats.

King and Flinders Islands aren't just destinations—they're experiences. Perfect for travellers who love nature, storytelling, and connecting with local culture, this tour offers an inspiring and peaceful retreat from everyday life.



MURRAY PRINCESS OUTBACK HERITAGE CRUISE & KANGAROO ISLAND EXPLORER

DEPARTURE

06 March 2026

8 DAYS | 7 NIGHTS

GUIDED TOUR ALL INCLUSIVE

FROM \$4,898 PER PERSON TWIN SHARE



The Murray Princess and Kangaroo Island tour is an ideal destination for travellers seeking a truly immersive South Australian experience, blending natural wonder and rich history. This tour offers the perfect mix of land and river adventures.

A Journey on the Majestic Murray River

Cruising on the PS Murray Princess, an authentic paddle steamer, offers a relaxed and immersive way to explore Australia's iconic Murray River. Glide past towering cliffs, spot native wildlife, and visit charming riverside towns like Swan Reach and Blanchetown. From sunrise birdwatching to evening entertainment and a farewell Captain's Dinner, this cruise brings history and nature together in unforgettable style.

Wildlife & Wonder on Kangaroo Island

Kangaroo Island is a sanctuary for nature lovers. Enjoy interactive wildlife experiences like koala cuddles and hand-feeding kangaroos at the KI Wildlife Park, plus awe-inspiring Birds of Prey displays. Explore Seal Bay Conservation Park, Remarkable Rocks, and Flinders Chase National Park, where you'll witness rugged coastlines, ancient rock formations, and New Zealand fur seals in their natural habitat.

Taste, Touch & Discover Local Flavours

From honey tastings at Clifford's Honey Farm to local wine at Burk Salter Winery and lavender treats at Emu Bay, the tour is a feast for the senses. Sample honey ice cream, and enjoy a traditional Aussie BBQ by the riverbank.

Cultural Stories & Historic Sites

This tour isn't just scenic—it's educational. Discover Aboriginal heritage at Ngaut Ngaut Reserve, where you'll view ancient rock carvings, and visit the Parndana Soldier Settlement Museum to learn about post-war farming communities. Top it off with a stroll through the historic German village of Hahndorf and panoramic views from Mount Lofty Summit.

Ready to unwind in style, meet local characters, and explore two of South Australia's best-kept secrets?



COLOURS OF AUTUMN IN THE VICTORIAN ALPINE REGION

DEPARTURE

29 April 2026

6 DAYS | 5 NIGHTS
GUIDED TOUR ALL INCLUSIVE
FROM \$2,298 PER PERSON TWIN SHARE



Tucked away in Victoria's Alpine High Country, Bright transforms into a wonderland of colour in autumn, making it an ideal travel destination. With its fiery foliage, crisp mountain air, and vibrant community celebrations, Bright offers a sensory feast for lovers of nature, culture, and gourmet experiences.

A Tapestry of Colour

The streets of Bright and its surrounding valleys come alive with brilliant shades of red, orange, and gold as towering elms, oaks, and poplars burst into their autumn best. Scenic drives through Wandiligong Valley, Mount Beauty, and the Tawonga Gap offer postcard perfect vistas at every turn, ideal for photographers and nature lovers alike.

Flavours of the High Country

Autumn in Bright is also about indulging in local flavours. Taste artisan cheeses at Milawa Cheese Company, savour gourmet lunches at venues like 5 Acres Bar and Kitchen, and enjoy cellar door tastings at Gapsted Winery with views overlooking the Alpine Valley. Seasonal produce like apples, chestnuts, and pumpkins highlight the region's farm-to-table pride.

Festival Spirit & Local Charm

Time your visit with the Bright Autumn Festival Gala Day, a vibrant celebration of community with markets, live music, and a street parade. The welcoming locals, boutique shops, and heritage museums like the Bright Railway Station Museum and Old Beechworth Gaol, bring local stories and history to life.

Nature & Wildlife Encounters

Enjoy unique visits to places like the Red Stag Deer and Emu Farm, where you can feed the animals and take in views of Mount Buffalo, or stroll the Myrtleford Mosaic Trail for a creative outdoor walk framed by seasonal colours.

Experience the colours of the season like never before in Bright, a peaceful, picturesque escape where every leaf tells a story and every day is a celebration of nature's finest display.



CAIRNS TO CAPE YORK

FAR NORTH QLD ADVENTURE

DEPARTURE

19 June 2026

11 DAYS | 10 NIGHTS
GUIDED TOUR ALL INCLUSIVE
FROM \$7,498 PER PERSON TWIN SHARE



Spanning 11 unforgettable days, this tour takes you from the tropical gateway of Cairns to the very tip of mainland Australia—Cape York—via a stunning journey through World Heritage rainforests, remote outback towns, and culturally significant landmarks.

A Journey to Australia's Remote and Remarkable North

The Cairns to Cape York tour offers an unforgettable adventure through Far North Queensland's most remote and culturally rich regions. With its blend of pristine natural beauty, fascinating history, and immersive experiences, it's the ultimate escape for travellers looking to truly explore Australia's wild frontier.

Explore Diverse Landscapes

From the lush, World Heritage-listed Daintree Rainforest to the untamed savannahs of Lakefield National Park, and the red dirt roads of Cape York Peninsula, every day presents breathtaking new terrain. Highlights include a refreshing dip at Fruit Bat Falls, a scenic cruise through the Embley River in Weipa, and the surreal views from the Skyrail Rainforest Cableway and Kuranda Scenic Rail.

Touch the Tip of Australia

One of the most iconic moments of this journey is reaching Cape York, the northernmost tip of mainland Australia. Standing at "The Tip" is a bucket-list experience surrounded by rugged coastline and the sense of achievement that only a true outback adventure can deliver.

Wildlife & Cultural Encounters

This tour is rich in encounters with native wildlife and local culture. Spot crocodiles in the wild, and visit Thursday Island for a guided tour steeped in Torres Strait Islander history. There are also visits to remote outback towns and historic sites like the Musgrave Telegraph Station and Somerset, offering a unique window into Australia's pioneering past.

Discover the true spirit of adventure with Trade Travel's Cairns to Cape York tour, a journey filled with wonder, connection, and the natural beauty of Australia's untouched north.



COOK ISLANDS PARADISE

COLOURFUL & CULTURAL

DEPARTURES

12 May 2026

28 July 2026

7 DAYS | 6 NIGHTS
GUIDED TOUR ALL INCLUSIVE
FROM \$4,498 PER PERSON TWIN SHARE



The Cook Islands is the perfect destination for those seeking a peaceful, picturesque getaway with rich cultural experiences and genuine island hospitality. Located in the heart of the South Pacific, it offers the perfect balance of relaxation and adventure making it an ideal holiday for mature travellers wanting a seamless tropical escape.

Breathtaking Lagoon Landscapes

Surrounded by crystal-clear turquoise waters, palm-fringed beaches, and lush green mountains, Rarotonga delivers stunning scenery at every turn. Whether you're enjoying a tranquil beach stroll or cruising the lagoon aboard a glass-bottom boat, the natural beauty here is simply unforgettable.

Genuine Island Connections

What makes the Cook Islands truly special is the warm, welcoming nature of its people. From visiting a local school to experiencing a progressive dinner in island homes, guests are invited to connect deeply with the local community and culture in a way few other destinations offer.

Culture, Cuisine & Entertainment

Immerse yourself in Polynesian traditions at the Te Vara Nui Cultural Village, where authentic storytelling, dance, and cuisine come alive. Enjoy fresh seafood, local produce, and traditional island dishes as part of your all-inclusive itinerary, including a beach BBQ and resort dining.

Relaxation with a Personal Touch

Trade Travel's fully escorted tour ensures comfort and ease from the moment you arrive. With early check-in, curated activities, and a mix of structured touring and leisure time, this 7-day journey lets you explore at your own pace while everything is taken care of.

Let Trade Travel take you on a tropical escape to the Cook Islands where every day brings effortless joy, rich connection, and lasting memories.



MAURITIUS

INDIAN OCEAN PARADISE

DEPARTURES

16 May 2026

05 September 2026

12 DAYS | 11 NIGHTS
GUIDED TOUR ALL INCLUSIVE
FROM \$9,198 PER PERSON TWIN SHARE



Mauritius is a tropical daydream brought to life, combining stunning natural beauty with rich cultural heritage and warm island hospitality. Whether you're seeking relaxation, adventure, or cultural discovery, this island nation offers the perfect setting for a dream getaway.

Breathtaking Beaches

Fringed by the dazzling turquoise waters of the Indian Ocean, its beaches are nothing short of spectacular. Picture powdery white sands stretching beneath your feet, palm trees swaying gently in the breeze, and calm lagoons inviting you in for a dip or a snorkel over vibrant coral reefs.

Culture, History & Natural Wonders

Mauritius offers more than just beachside bliss. From the Sir Seewoosagur Botanic Gardens and Eureka Mansion to the UNESCO-listed Le Morne Slave Memorial, you'll gain insight into the island's rich colonial, Creole, and multicultural heritage. Explore tea plantations, rum distilleries, and vibrant markets, or visit the Chamarel Seven Coloured Earths, a geological marvel unique to Mauritius.

Wildlife Encounters & Safari Adventures

At Casela Wildlife Park, experience unforgettable close encounters with big cats, zebras, giraffes, and more. Mauritius lets you connect with nature in incredible ways.

Unique Experiences

From catamaran cruises along the coast where dolphins often make an appearance, to visiting a local school for heartfelt cultural exchange, every day offers a new way to connect, learn, and relax. Guided tours through sugar museums, vanilla houses, tea estates, and bustling port towns bring the true flavour of Mauritius to life.

Let the rhythm of the ocean and the heart of island life refresh your soul. With Trade Travel, your Mauritian journey is more than a holiday, it's an enriching escape filled with colour, culture, and unforgettable memories.



PROBUS Month

1 – 31 October 2025

Since the inaugural Probus Day took place in October 2020, its popularity has grown so much that the month is now recognised as **Probus Month**. The month of October presents a wonderful opportunity for Probus Clubs to honour our remarkable organisation and extend awareness of Probus to the broader community, allowing more retirees and semi-retirees to discover what we offer.

The 2025 Probus Month theme of “Reinvent your retirement” encapsulates the essence of Probus, providing members with opportunities to forge lasting friendships and create unforgettable memories.

Throughout the month of October, Probus Clubs will be celebrating Probus Month with lunches, picnics, BBQs and themed events. Many Clubs also invite members of the local community to their celebrations to see what Probus is all about. Local celebrities, politicians or councillors may even be interested in coming along, feel free to invite some special guests!

With a few more months to go, there is plenty of time to start planning your Club’s



special event. Remember that the Management Committee does not have to do all the work, Clubs may choose to form a group to co-ordinate and organise celebrations for Probus Month, either on their own or within their region or cluster for a larger gathering.

Tips for celebrations

- **Picnic** – A relaxed picnic in a local park to kick off the month. This is a great opportunity to invite local dignitaries and spread awareness within the wider community.
- **Themed lunch** – Pick a fun theme (e.g. 1950s. Hawaiian,

Aussie Outback) and encourage costumes or themed dishes.

- **BBQ** – A casual lunch combined with an open day where guests can learn about your Club, meet members, and join in on a game or activity. Flyers may also be distributed to help promote the day.
- **Special morning tea**
- Host a special morning tea for your October meeting.
- **Local Government**
- Ask your local government representative to co-host a breakfast, morning tea, and ask them to publicise the event and invite local seniors to attend.
- **Games Day** - Organise an entertainment event (trivia or games) or concert – there are many talented members with amazing skills, why not showcase these in your local community.
- **Awards Presentation**
- In all Clubs, there are individuals who selflessly give up their time to keep their Club thriving. **Probus Month** is a special opportunity to recognise those members for their contribution to Probus. This award can be presented at your Clubs October meeting or **Probus Month** event. To download a copy of the certificate, [click here](#).



How to Choose Your Perfect ANTARCTICA CRUISE

There are few places left on Earth that feel truly untouched. Antarctica is one of them.

Here, icebergs drift like sculptures on a frozen sea. Penguins shuffle in bustling colonies. And time seems to slow as you stare out across a vast, glistening wilderness. For many, this is the ultimate bucket list journey, and choosing the right cruise can make all the difference.

So when is the best time to go?

The Antarctic cruising season runs from late October to March. Early in the season, around November, the landscapes are pristine and wildlife is lively with mating rituals. December through January brings longer daylight hours, warmer weather, and the arrival of penguin chicks. For whale lovers, February and March offer the best sightings, along with access to more remote regions as sea ice recedes.

If you are looking for something extra special, consider an itinerary that includes South Georgia. This remote island is home to thousands of king penguins and elephant seals, along with the historic grave of explorer Sir Ernest Shackleton. It is not just a detour, it is a destination in its own right.

When it comes to cruise styles, there is more variety than you might think. Expedition ships are built for exploration and offer enriching experiences led by expert guides. Some also include luxury touches, so you can return from a frosty landing to a warm drink or a massage. For those



short on time, or wary of crossing the famously rough Drake Passage, a fly cruise option lets you skip the seas and fly directly to Antarctica.

One detail that is easy to overlook is how many guests your ship carries. Antarctic regulations only allow 100 passengers ashore at any one time. Some smaller ships are cleverly designed with two zodiac docks, which means more time exploring and less time waiting. It is a simple feature that can make a big difference in how much you experience during your cruise.

Packing for Antarctica is all about comfort and practicality. Bring lots of layers, waterproof gloves, and sunglasses. The sun reflects strongly off the ice and snow, even when the temperatures are low. And most importantly, leave



room in your suitcase, and in your heart, for the unexpected. The real magic of Antarctica is not just the wildlife or the scenery, but how it makes you feel.

You will return with stories of penguins, glaciers and adventure, but also with a new sense of wonder that stays with you long after the voyage ends.

Thinking about ticking Antarctica off your list?

Contact us on 1800 034 439 and speak with one of our trusted travel advisors to start planning your dream journey to the White Continent.



PROBUS TRAVEL INSURANCE

Embarking on your next trip is exciting, and while you hope the unexpected does not happen, it is best to be prepared. Buying Probus Travel Insurance for your trip can offer cover for minor things, like a delayed suitcase*, or significant things, like an unexpected trip cancellation* or an overseas medical emergency*. We've partnered with emergency medical assistance provider, Allianz Global Assistance to ensure you have the support and care you need. Remember to always read the [Product Disclosure Statement](#) for the terms, conditions, limits and exclusions.

FEATURES AND BENEFITS

Pre-existing medical condition cover You can apply for pre-existing medical condition cover on Comprehensive, Multi-Trip and Domestic plans using our easy online medical assessment that provides an instant outcome.

24/7 emergency assistance If you need help while travelling, Australian based case managers are here for you 24/7, with registered doctors and nurses available.

Simple claims process If something happens while you are travelling, making a claim is simple with our online claims portal. You can make a claim online while you are still travelling or when you return.

PLANS

Depending upon your age, where you are travelling to, the length of your trip, you may be offered one, two or three different plans. Terms, conditions, limits and exclusions apply; refer to the [Product Disclosure Statement](#) to compare plans in more detail.

Get a quote online today and easily compare plans and customise your cover to suit your trip.

[Get a Quote](#)



1800 125 234 (Weekdays 8am – 7pm AEST and Saturdays 8am – 5pm AEST)



ProbusTravel@allianz-assistance.com.au

Got questions? Read the [FAQs](#) to learn more.

*Terms, conditions, exclusions, limits and applicable sub-limits may apply. See [Product Disclosure Statement](#) for more information. Probus Travel Insurance is available to Australian residents only.

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Tours



Departure 10 September 2025

CUNNAMULLA INDULGENCE IN THE OUTBACK

This tour offers hot springs relaxation, art & history experiences in Queensland's scenic outback.



Departure 01 October 2025

CANBERRA, SOUTHERN HIGHLANDS & COLOURS OF FLORIADE

From the Floriade to the War Memorial, this tour blends beauty, history & memorable moments.



Departure 17 October 2025

TASMANIA EXPLORER WILDERNESS, TULIPS & GOURMET DELIGHTS

Experience Tasmania's rich heritage, stunning nature & culinary delights.



Departure 26 October 2025

LORD HOWE ISLAND ESCAPE

Discover a paradise where stunning natural beauty meets serene tranquillity.



Departure 29 November 2025

HUNTER VALLEY, PORT STEPHENS & NEWCASTLE - HVG XMAS LIGHTS

Delight in festive lights, gourmet delights & unique local experiences.



Departure 09 March 2026

KING & FLINDERS ISLANDS HISTORY, INDUSTRIES & RUGGED BEAUTY!

Explore rugged landscapes, spot wildlife & enjoy warm hospitality in these hidden Tasmanian gems.



Departure 10 August 2025

SABAH NORTH BORNEO CULTURE, WILDLIFE & OUR WWII POW HISTORY

Journey through wildlife, WWII history & rich cultural landmarks on this tour to Borneo.



Departure 08 September 2025

VIETNAM & CAMBODIA

Experience Halong Bay, the Mekong Delta, Angkor Wat & the Cu Chi Tunnels on this tour.



Departure 26 October 2025

INDIA GOLDEN TRIANGLE

Discover India's Golden Triangle, where history, the Taj Mahal & royal splendour await.



Departure 28 October 2025

NEW ZEALAND SIGNATURE SOUTH ISLAND

NZ's South Island boasts attractions like the TransAlpine Rail Journey & a Milford Sound Cruise.



Departure 29 October 2025

JAPAN AUTUMN LEAVES

Explore vibrant autumn landscapes, iconic sites like Tokyo Tower, Mt. Fuji & Kyoto's Bamboo Grove.



Departure 12 May & 28 July 2026

OUR COOK ISLANDS PARADISE COLOURFUL & CULTURAL

Experience a Rarotonga tour, Captain Tama's lagoon cruise & a Polynesian village show.



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TO VIEW TOURS

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Endless Memories



Cruises



Departure 11 September 2025

ITALY, FRANCE & CROATIA SIGHTSEER ONBOARD EXPLORER OF THE SEAS

Cruise from Ravenna to Barcelona with stops in Zadar, Dubrovnik, Rome, Florence & Nice.



Departure 19 October 2025

JAPAN ONBOARD NORWEGIAN SPIRIT

Embark on a once-in-a-lifetime holiday in Asia from Seoul to Tokyo.



Departure 07 November 2025

NORWAY AND NORTHERN LIGHTS ONBOARD QUEEN MARY 2

Set sail for a Northern Lights voyage, which includes an overnight stop in Tromsø.



Departure 20 December 2025

CARIBBEAN HOLIDAY MAGIC ONBOARD AZAMARA ONWARD

Embark on a festive holiday voyage through the Caribbean, celebrating Christmas & NY onboard.



Departure 26 December 2025

BALI NEW YEAR ADVENTURE ONBOARD OVATION OF THE SEAS

Celebrate New Year's Eve & Day in Bali & explore Celukan Bawang, Bali & Lombok.



Departure 17 March 2026

HEART OF THE AMAZON ONBOARD OCEANIA MARINA

Embark on a cruise from Rio de Janeiro to Recife before venturing into the Amazon & end in Miami.



Departure 15 May 2026

SPECTACULAR ALASKA ONBOARD NORWEGIAN ENCORE

Cruise from the Emerald City of Seattle to the wilds of Alaska for seven spectacular days.



Departure 26 May 2026

UNBOUND BRITISH ISLES ONBOARD OCEANIA INSIGNIA

Explore the British Isles' northern reaches, Scotland & Ireland on this 11 night cruise.



Departure 17 July 2026

DENALI & YUKON ONBOARD WESTERDAM

Cruise along Alaska's rugged coastline & visit Denali National Park to explore the wild landscape.



Departure 17 July 2026

ULTIMATE MEDITERRANEAN SPLENDOR ONBOARD OOSTERDAM

Indulge in the local cuisine at every stop, from fresh seafood in Portofino to Moroccan spices.



Departure 06 August 2026

SOLAR ECLIPSE IN SPAIN ONBOARD QUEEN ANNE

Spend your day strolling the Spanish streets, taste tapas or visit the Tower of Hercules.



Departure 04 November 2026

HAWAII & SOUTH PACIFIC CROSSING ONBOARD CROWN PRINCESS

Sail from Sydney to New Zealand, Fiji, Tahiti, & Hawaii, before arriving in Los Angeles.



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Travel Stories

King & Flinders Islands Adventure



Seventeen travellers boarded a small plane and returned with lifelong memories and new friendships. King Island welcomed us with sunshine, creamy cheeses, fresh crayfish, and the charm of local brews and gins. We explored Cape Wickham's stunning views and watched little penguins at dusk, pure magic!

On Flinders Island, nature stole the show. Rugged mountains, untouched beaches, and lush greenery set the scene. We met baby wombats, sipped local wines, and stepped back in time with stories of early explorers. Every stop offered something special. This wasn't just a trip, it was a journey of connection and discovery.

Until next time, King & Flinders!

Melbourne Flower & Garden Show



A group of 41 Probus members enjoyed a five-day Melbourne escape with Trade Travel, soaking in city sights and cultural gems. From a behind-the-scenes tour of the MCG's prestigious Long Room to fine dining aboard the Q Train through the Bellarine Peninsula, every moment offered something special. They took in views from the Skydeck, paid their respects at the Shrine of Remembrance, and experienced the charm of the Puffing Billy Railway and Sassafra's village. The journey wrapped up in full bloom at the Melbourne International Flower and Garden Show, a perfect finale to a memorable adventure.

Travel Stories

Murray Princess & Kangaroo Island



What a fabulous eight-day journey through South Australia! Our group enjoyed a relaxing four-night Heritage Cruise aboard the majestic Murray Princess, soaking in river views, wildlife, and warm hospitality. Highlights included a sheep-shearing demonstration, local wine tastings, Aboriginal history at Ngaut Ngaut, and unforgettable entertainment complete with an Elvis impersonator from our Probus group!

Kangaroo Island amazed us with its wildlife and natural beauty. We met birds of prey, walked among sea lions at Seal Bay, marvelled at the Remarkable Rocks, and savoured lavender scones, local gin, and pure honey.

Hawkesbury & Nepean Rivers Regions



A cheerful group from Brisbane enjoyed a relaxed five-day escape through the scenic Hawkesbury and Nepean region. Highlights included a beekeeping talk and tastings at Canoelands Orchard, a charming visit to Tizzana Winery, and a cruise aboard the Riverboat Postman, complete with a light lunch and plenty of laughs.

They explored Australia's oldest church at Ebenezer, marvelled at pearls (and oysters!) at Broken Bay Pearl Farm, and stepped back in time at Australiana Village. A scenic Nepean Belle cruise, visits to the Museum of Fire, and a history-filled day in Parramatta with expert Judith Dunn rounded out this enriching and friendly adventure.

Welcome to Our Travel Tribe

We're absolutely delighted to pull back the curtain on My Travel Tribe, our brand-new loyalty programme tailored just for adventurers like you. Here at Trade Travel, we've always believed that travel transcends mere sightseeing. It's about connecting with others who share your zest for discovery and adventure. Now, we're inviting you to be a cornerstone of this vibrant community.



Exclusive Member Benefits

Loyalty Discounts

Your passion for travel deserves recognition. That's why, after your third trip with us, we'll take \$100 off your next tour. Each trip with us doesn't just take you to a new destination; it brings you closer to even greater rewards.

Priority Access

As a valued member of My Travel Tribe, you'll enjoy first access to our newest tours and special departure dates. This means securing your spot on unique adventures before they're opened to the public, ensuring you never miss out on your dream trip.

Exclusive Events — Just for You

Membership in My Travel Tribe offers more than just travel benefits; it's your entry to a series of exclusive travel events.

Join Our Community

Every journey you take with Trade Travel brings you closer



to joining My Travel Tribe. Keep booking Trade Travel Public Tours, and we'll let you know when you qualify for your reward! No need to sign up; we'll make sure you feel right at

home with us as you meet the criteria.

We invite you to continue travelling with us, where every journey enriches your life and connects you with people who are as passionate about travel as you are. Visit our website at www.tradetravel.com.au/loyalty-rewards, where the world awaits.

Know Your Area Managers

Meet our team of dedicated area managers, your personal gatekeepers to unparalleled travel experiences. With their expertise in organising captivating travel presentations and exclusive private group tours, they ensure your journey is not just a trip, but a tailor-made adventure designed to exceed your expectations.

Our area managers and franchisees are ready to guide clubs, branches, and retirement villages through the vast array of options, helping you find the perfect match for your group's unique needs. Contact them today to discuss new and exciting touring products as they are released and to organise personalised travel presentations.



GREG HOPPER

Greater Brisbane, Gold Coast,
Northern Rivers NSW

M: 0427 788 024
E: greg@tradetravel.com



ANDREW FYFE

Greater Brisbane, Gold Coast,
Northern Rivers NSW

M: 0438 643 508
E: andrew@tradetravel.com



SUE GRADY

Melbourne North East & South East
Region VIC

M: 0411 220 498
E: sue@tradetravel.com



GLEN O'BRIEN

Melbourne Bayside, Mornington
Peninsula, South Gippsland, Phillip
Island

M: 0466 112 805
E: glen@tradetravel.com



SERINA MACE

Central NSW, Sydney North, West,
South, Wollongong, Canberra Central
Highlands & Central Coast

M: 0429 364 415
E: serina@tradetravel.com



KAYLENE COLLINS

Central NSW, Sydney North, West,
South, Wollongong, Canberra Central
Highlands & Central Coast

M: 0427 506 729
E: kaylene@tradetravel.com



KATHY RIVETT

Central and Western Victoria, Ballarat

M: 0417 053 319
E: kathy@tradetravel.com



HEAD OFFICE

AU: 1800 034 439 (AU)
NZ: 0800 443 044
E: bookings@tradetravel.com

www.tradetravel.com.au

Find Your Social Network



Looking to get more out of retirement?

Social engagement is important for everyone's well-being but is particularly important as we enter our later years and leave the security and structure of the workforce behind. Having an active social life provides both mental and physical health benefits, warding off loneliness and depression and increasing longevity. Probus Clubs offer a wonderful opportunity to reinvent retirement for those who have left their work lives but still crave engagement, purpose and companionship.

Social clubs like Probus provide a vibrant community of like-minded people who come together for fun and friendship. Probus promotes mental and emotional well-being by fostering a sense of belonging and purpose. The shared experiences and mutual support within Clubs help retirees navigate the significant life transition with confidence and enthusiasm.

Members meet monthly and stay active and involved through a wide variety of activities that meet individual needs. From coffee catchups and cinema groups to day trips, walking groups and overnight tours, each Club offers various options to keep members engaged. What all Probus Clubs have in common, however, is the opportunity to meet with fellow retirees regularly, to maintain healthy minds and active bodies, to expand interests, and to enjoy the fellowship of new friends.

So, if you are looking to turn your retirement into an adventure filled with learning, connection and growth, Probus offers a compelling path forward.



RETIRED OR SEMI - RETIRED?

Want to make friends with retirees in your community?

To find your local Club, scan the QR code, visit our website or call us:

Website: www.probusouthpacific.org

Phone: 1300 630 488

